

31st Annual

# OLDER ADULT HEALTH FAIR

**FRIDAY, MAY 15, 2009 8:30 a.m.- 12 p.m.**

**Joslyn Community Center**

**1601 Valley Drive, Manhattan Beach**



**SPONSORED BY:**

*South Bay Family Health Care Center,  
The City of Manhattan Beach ,  
The Kiwanis and Soroptimists of Manhattan  
Beach*



**HEALTH FAIR IS FROM 8:30 a.m. - NOON**

**LUNCH AT NOON- BINGO AND DOOR PRIZES FROM 12:30-1:30 p.m.**

**CHOLESTEROL TEST \$5.00**

**DOPPLER (stroke screening) \$20.00**

Doppler is by appointment only.

Please call (310) 802-6177 x 1123 (limited reservations)

**FREE SCREENINGS OFFERED:**

~ Anemia ~ Blood Pressure Checks ~ Body Fat Analysis ~ Bone Density  
~ Chiropractic ~ Dermatology ~ Hearing ~ Lung Capacity ~  
Oral Cancer ~ Pharmacy ~ Podiatry ~ Optical ~ Vision ~  
*Also added this year: Ask the Care Manager and Peer Support*

*\*Parking available on Valley Drive, and in post office parking lot on corner of Valley and 15th St.*

*\*Transportation for residents of Manhattan Beach provided by **DIAL-A-RIDE : (310)545-3500***

*Please bring used eyeglasses and sunglasses to the Lions Club table.  
They will be repaired and recycled by Lions In Sight and given to someone who needs them.*

For more information contact Manhattan Beach Parks and Recreation Department  
**(310) 802-5448**

***Parks and Recreation Promotes Health and Wellness***

